

OUR VOICES, OUR STORY

10 YEARS, THE CONTINUED IN THE CONTINUED

ITS THE 10TH ANNIVERSARY OF X UNIVERSITY'S
B.A. ENGLISH PROGRAM, AND THE NEW 20'S.
WHATS YOUR STORY?



OUR VOICES, OUR STORY

10 YEARS, 10,000 STORIES

It's the new '20s. What's your history, and your future? We want to hear from you!



What a milestone! X University's Department of English is celebrating 10 years of its Honours BA in 2021. As the community gears up for a myriad of festivities to be held in the upcoming months, we can't help but reflect on time, memory, identity, and of course, storytelling. Over the course of ten years, this program has come to signify different things to thousands of students, faculty, staff, and city citizens. No story is the same as the next. As we enter this anniversary year, we ponder the questions: What is our history? What are the stories that have not yet been told, or excluded entirely? Who are the voices of today, and what do they have to say? What lies in our future ahead? Individuals, groups, classes, clubs, an entire community of artists, writers, and dreamers program-wide and beyond...who are we? And who could we become? We leave it to our readers to answer these questions for themselves ...

"The truth about stories is that that's all we are." Thomas King, The Truth About Stories

ATTENTION ALL ARTISTS WRITERS, AND DREAMERS! YOUR MISSION: USE ANYTHING AND EVERYTHING IN THIS ZINE AS A GUIDE TO INSPIRE, TO MOTIVATE, AND TO AWAKEN.

"There is no greater agony than bearing an untold story inside you." Maya Angelou





"We must rewrite our story from one of fear to one of celebration." Kameron Hurley, Rapture OUR VOICES, OUR STORY



"We are important and our lives are important, magnificent really, and their details are worthy to be recorded. This is how writers must think, this is how we must sit down with pen in hand. We were here; we are human beings; this is how we lived. Let it be known, the earth passed before us." Natalie Goldberg, Writing Down the Bones: Freeing the Writer Within

LOST DRAGON



NAME: Unknown to humans WINGSPAN: approx. 6 inches COLOUR: varies with temp. LAST SEEN: sunbathing in the greenhouse at Allan Gardens IF FOUND: contact Toronto's Mythical Creatures Division

THOUGHTS ON THE POWER **OF STORYTELLING**

HOW ARE YOU
THIS THE NEW But what, after all, is story? Is it the power to turn back time? To right the wrongs of history, whether they wer made by ourselves or by the generations that came before? Is it the act of witnessing, of telling the truth even when no one else is willing to see it at first? Is it the power to insert a little oddity, a little whimsy, perhaps - dare we say - a little magic, into the realities we now occupy? Is it fiction, nonfiction, poetry, art,

photography, film, music? We would like to propose that storytelling is any of these things, and all of these things. It resists categorization, rigidity, lifelessness. It is constantly changing, shifting, crossing the borders of whatever we

think it may be. It could be none of these things at all if that's how you choose see it. What matters is that story-telling, dear reader, is whatever YOU make of it. The power is in your hands. Don't just take our word for it - go find out for yourself. Even better - make it, write it, capture it, create it. Tell it to the world.

What have you got to lose?

WRITE IN YOUR HISTORY. RE-IMAGINE YOUR FUTURE. **TELL YOUR STORY.**

OUR VOICES, OUR STORY

WH0 ning Around Town ARE lot of things YOU th celebrating ity! For one, of Toronto is ____y opening the doors of its newest and richest collection of the Toronto stories: Library Heritage Special Archives! This gorgeous new institution is project seven years in making, involving

"Rebels revel in rewriting reality's restrictions." Ryan Lilly

city's

talented and passionate

most

architects,

the

THINK NEEDS TO BE TOLD?

Lant the stories asured within. The elaborate space is filled with the contributions of authors from all the communities diverse that make up our city. It's an opportunity for the citizens of Toronto to transcribe their own stories and those of

CELEBRATING 10 YEARS OF MUSIC





TECH REPAIRS

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their families imagined or real.

Do you have a family
history to tell,
whether imagined or
real? Tell your story!

"It's like this with this city
—you can stand on a
simple corner and get
taken away in all
directions. [...] No matter
who you are, no matter
how certain you are of it,
you can't help but feel the
thrill of being someone
else." Dionne Brand,
What We All Long For

CRIME ALERT

Morning commuters reported the alarming activities of mysterious pickpocket who has been snatching people's daydreams right of out their heads. TTC-goers cautioned to beware.

Are any your daydreams lost, missing, and/or stolen? in Describe detail, the event mysterious that this is finally pickpocket apprehended and commuters' daydreams can finally be returned to their owners.

STRANGE EVENTS

mysterious secret society is scattering leaflets of poetry and photography around the folded city, into birds that paper swear can witnesses and fly on their you pick up birds one of these your daily during walk, please report on the art hidden inside.



MARGARET'S
APOTHECARY
Now seeking part-time
employees to assist with
the maintenance and sale
of specialty spells and
concoctions. Must be
punctual, orderly, and
adept at keeping secrets

"Through my language I understand I am being spoken to, I'm not the one speaking. The words are coming from many tongues and mouths of Okanagan people and the land around them. I am a listener to the language's stories, and when my words form I am merely retelling the same stories in different patterns." Jeannette Armstrong, Speaking for the Generations

"It takes one person to rewrite the history book." J.R. Rim

When I was a child I to dream a lot. As an adult. I have been time dedicating remembering as much as I can from that time using my dreams as plots for my stories. I dreamt that I was in a leaky boat in the middle of a sparkling turquoise ocean trying to row to shore... but my hands were too big! Another time, with my playing dog but he began Rover growing--up, up, up! He of a size mountain and fearful but I knew deep down he would always be Rover... Although, I could not fit in the dog him house from that moment on. - D.R. L.



WHAT DOES STORYTELLING MEAN TO YOU?

THINGS TO DO

Please turn to page 24 detailed instructions on how to the city's access hidden bookstores, each connected to a vast underground network of that tunnels people whisper are lined with all manner of books,

"Tell the story that's been growing in your heart, the characters you can't keep out of your head, the tale that speaks to you, that pops into your head during your daily commute, that wakes you up in the morning."

Jennifer Weiner

from ancient and renowned to unpublished and undiscovered.

Once you've accessed this hidden network of stories, don't forget to recount what untold histories and legends you find...

WHAT IF HISTORY HAD
BEEN DIFFERENT?
WHAT COULD THE
FIRST YEAR OF THE
ENGLISH PROGRAM
HAVE LOOKED LIKE?

A Note from the editors

Hello everyone! Thank you for reading our very special "Our Voices, Our Story" Zine, made in partnership with the ECU in celebration of the tenth anniversary of the English program at X University.

We can't help but reflect on time, memory, identity, and of course, storytelling. Over the course of ten years, this program has come to signify different things to thousands of students, faculty, and staff. So as we enter this anniversary year, we ponder the questions: What is our history? What are the stories that have not yet been told? Who are the voices of today, and what do they have to say? What lies in our future ahead? Individuals, groups, classes, clubs, an entire community of artists, writers, and dreamers program—wide and beyond who are we? And who could we become? We left it to the fantastic community of writers at X University to answer these questions, and they responded spectacularly.

What an excellent way to start the year, a celebration of creativity and storytelling that taught us new lessons and shared a new perspective. The passion we witnessed and continue to observe inspires us in our work, and we hope that this zine can provide you, our readers, with the same experience. Immerse yourselves in the pieces you are about to witness, and if inspiration strikes, do not be afraid to see where it leads, explore the new paths presented to you. Anniversaries, while a time to acknowledge the past, also welcome the future. So here's to many more years of creativity!

Before we send you on your way, we would like to thank our entire team of dedicated and talented creators, graphic designers, and social media team members at The Continuist for all their contributions to this project. In addition, we thank all the artists from the X University student community who sent in their work, who blew us away with their vulnerability, honesty, and sheer talent. Last but not least, we want to express our extreme gratitude to all the lovely folks at the English Course Union for partnering with us on this project. Happy tenth anniversary to the X University English program!

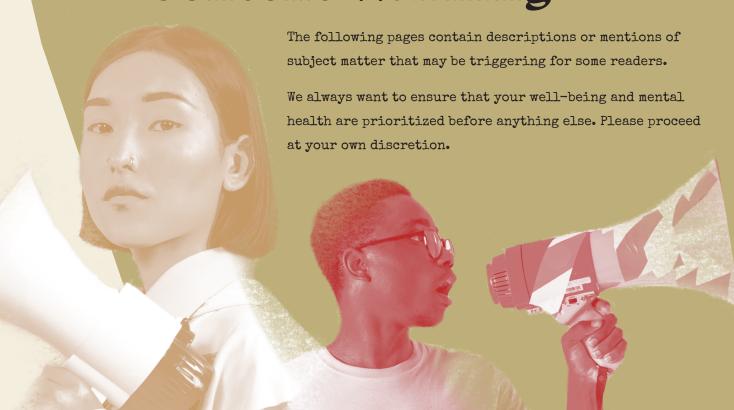
Tanvi and Catherine Co-Editors in Chief The Continuist Fall 2021

a Note from

The English Course Union

The B.A. English Department has always been one that prided itself on showcasing diverse voices. So when we at the English Course Union and Continuist teams heard that the 2021/2022 academic year would be the 10th anniversary of the program, we knew the perfect theme for this zine. Much like our program innovates the English curriculum by introducing contemporary literature by BIPOC and LGBTQ+ authors, we wanted to be innovative and create a zine dedicated to unveiling stories previously left unheard. "Our Voices, Our Story" is a publication for diversity to be celebrated and stories to be enjoyed. No one's story is silenced.

Content Warning



an Elephant's Greeting

LAVARNAN MEHAVARNAN

I like listening to stories
Reminiscing the glory days
Or a simple recount of the ordinary
It's my philosophy
That everyone has a story worth sharing
They just need someone there to listen
I learned that silence can be deafening
What do you think is louder
A herd of elephants
Or the silence that follows after?
A simple hello
May lead to the greatest story that was never told

Icebreakers can be cold sometimes I always never know where to draw the line Between sounding uninterested, and sharing too much How do you crack the ice with someone Without falling in too deep? I'm not very good at hello's either I often wonder if I'm loud enough, Or sound proud enough, Of my physical disability A fateful meeting Leads to a quick greeting and Before we even get to know each other You expect some sugar-coated hero's story About how I got here Forgive me for over sharing A biography others wrote for me That I'm expected to bring to every party But I was born this way.

I've been told I can be a warm-hearted person
Not to brag, just thought you should know
I care about others
And have some odd dreams
Like making a difference in the world
And to one day be a dad
Not now, of course.
But if dreams are like signal flares
Then forest fires are the nightmares
Confronted with the scorching truth

That I will never fall in love
Because she will only ever see my legs
Before my heart
And it tears me apart
To realize that I can't support her
Burnt out on the expectation
That crippled boys aren't meant to be firefighters
Or lovers, for that matter

I like to use Discord Honestly more than I should It's a way to socialize Without the social ties To these stereotypes I've fallen in platonic love with Incredible online friends That could last a lifetime But every time I log off It's a reminder That reality is, a little different Knocking the wind out of me Digital extrovert turned quiet introvert As I walk into the room When class begins Gasping for air Feeling the hovering fear Of my elephant hooves stomping on thin ice Hoping someone will reach out their hand If I fall in Even if it's just to share their story.



I know it sounds crazy
But I have a pet dragon
You read that right,
I said dragon.

A flying,
Fire-breathing,
Fearsome beast.
He's a burden
That loves to rest
On my shoulders.
You can't see him,
But with every roar
He becomes bolder.

I don't know his name,
Or where he came from.
But he can be mischievous.
He's built a den in my mind,
Without realizing over time.
Put together with abandoned
Trains of positive thoughts
And ashes of self-esteem.

He likes to play hide and seek
With my emotions.
Only bringing my fears
To show and tell.
When the road ahead
Isn't clear,
He blows puffs of smoke
To trip me up.

Or he'll pick me up,
Digging his sharp claws
Into my shoulder blades.
Lifting me above the clouds
As I desperately wish for my feet
To touch the ground beneath me.
He reminds me of my limits
That are just out of reach,
When I lose my footing

Some days
His warmth
Is my only comfort.
If only he knew
How to control himself,
Maybe then,
I would not be burnt out as a result.

For a brief moment.

The silver lining in his scales
Is a reminder to myself.
That my mind is my dragon's domain.
His fire may stifle my imagination.
But at least I know that I'm alive.



It's pitch black.

The ceiling stares back, with blank eyes I don't feel like staring back, but I do Don't I? Want to sleep? But my eyes Won't close even when they're shut The voices don't shut up, do they? It's past midnight even as I write this My hands move mechanically fast To the tune of the voices and now How do I escape this pied piper's melody? Deadly but I follow mindlessly hoping I find something for coping with this Midnight prison I lock myself inside, Or rather, I reside in and when the light Appears I find myself within. It's true Nothing new when I open my eyes To a pounding head, but head empty Voices plenty quiet when they could've, Should've been loud and about. And now The screen stares back, with blank eyes I don't feel like staring back, but I do Don't I? Want to write? But my hands Won't move to the melody and my voices Rejoice in their quiet without the pied piper's Melody I long to hear. And so, I wait, and wait For the moon to greet me before I find My Midnight Prison once more.

Johannah Alilio



verse 1

I'm sorry for pushing you away

I got a lot to say

But don't know how to explain it to you

I'm scared out of my mind

Want things to be alright

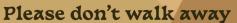
Not just fine

Please listen



chorus





For once in my life I want someone to stay



I'm breaking down my walls Showing you the real me

No one has ever seen or heard my story

Heard my story

Understand why am the way am ...

> Reach out and hold my hand So I can tell you the truth

I want to let all this go I thought you should know

Please listen





I'm in this world filled with all my insecurities

How can I love myself if everyone I love leaves?

bridge

Helping others, before myself Slowly deteriorating my mental health

Years and years of sadness and crying

I was way too young to ever think about dying

Left with all the hurt and baggage Pain I never imagined

I'm trying to pick myself up off my feet

By letting you in and sharing my story It may not be perfect or pretty

But it's the story that makes me, me

Listen while I talk

Please don't walk away

For once in my life I want someone to stay

I'm breaking down my wall Showing you the real me

But it's my story that makes me









LINES IN THE SAND: A TRIPTYCH OF RESISTANCE

BY CYRUS SUNDAR SINGH

It was most auspicious that Our Voices, Our Story performance celebrating the 10th anniversary of the English Program at X University took place on October 2, 2021. In fact, that particular date and the early autumn timing of the event helped me to connect the following three poems through spoken word and song: Khadi, Survival, and Eight Holes Past the Barricade. All three pieces are defined by their reflections on the defiance of enslavement, subjugation, and colonialism through resistance as a communal act of civil disobedience

CW: VIOLENCE

DEATH

GENOCIDE

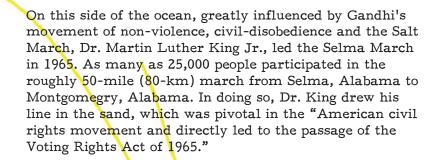
The phrase 'to draw a line in the sand' is often used to describe a point of no return, or a line when crossed will result in an unretractable consequence. Ideologically, when "you draw a line in the sand, you establish a limit beyond which things will be unacceptable." However, it also must be noted that practically, a line in the sand will be erased and washed away by the rains, winds, and tides thereby rendering the line ephemeral. I came to know this phrase in the context of warring nations, each awaiting the other to cross the 'line in the sand' as justification for the inevitable carnage. The three poems in this container are connected by their stories of resistance and their lines in the sand.

which drew literal and ideological lines in the sand.

Khadi

"Khadi means handspun and handwoven cloth. In 1918 Mahatma Gandhi started his movement for Khadi as a relief programme for the poor masses living in India's villages. ... Gandhi saw it as the end of dependency on foreign materials (symbolizing foreign rule) and thus giving a first lesson of real independence." By the way, Mahatma Gandhi was born on October 2, back in 1869. I invoke his birth date and Khadi to tell the story of Gandhi's Salt March 91 years ago in colonial India. It was an act of civil-disobedience through the practice of non-violence or satyagraha. Gandhi and his 78 followers marched 370 kms from Ahmedabad, Gujarat to Dandi, Gujarat on the Arabian Sea to protest the British salt monopoly.24 days later, Gandhi arrived in Dandi, stepped into the ocean, picked up a handful of sea water and made salt by evaporation. British colonial law made it illegal for Indians to make salt. Gandhi intentionally broke the law and drew a line in the sand. Khadi begins in that moment and flows through the carnage of Partition and Independence in 1947

> "An event that triggered one of bloodiest upheavals in human history... Estimates of the number of people killed in those months range between 200,000 and 2 million."



In between these two markers are the actions of two brave women whose acts of resistance were also foundational in the Civil Rights Movement: Viola Desmond, who drew her line in the sand on the evening of November 8, 1946 at the Roseland Theatre in New Glasgow, Nova Scotia, and Rosa Parks, who drew her line in the sand on the bus in Montgomery, Alabama on December 1, 1955.

Survival

Survival is also the title of a successful concept album by Bob Marley and the Wailers from Kingston, Jamaica. It was released 41-years ago on October 2, 1979. Survival remains the most political and militant of Bob Marley's albums. From the assertive title to its thematic tracks, the album is like a documentary time machine-a container cradling the past, the present and the future. Using this container, Marley presented his stories in a way never seen or heard in the reggae genre. On the album cover, Marley's storytelling is intentional. He tells the story of black survival - of slavery, and how its legacy continues in the present. The deliberate use of the iconic slave-ship diagram in black and white along with the colourful African flags set the tone. Neville Garrick, Marley's art director and collaborator, remembers that the "album was going to be called Black Survival, but in discussing it, we felt that it might alienate some people who weren't Black. So I tried to come up with a visual way of saying Black without using the word." Survival was an inspirational album throughout my musical, creative, and academic journeys.



31 years ago in Canada, in late September of 1990, the Oka Crisis came to an end. The crisis was sparked by a land dispute between a group of Mohawk people in Kanesatake and the town of Oka, Quebec. The armed standoff between Mohawk protesters, Quebec police, the RCMP and the Canadian Army lasted 78 days with two fatalities. The crisis was sparked by the proposed expansion of a golf course and the development of townhouses on disputed land in Kanesatake that included a Mohawk burial ground. A line was drawn in the sand and the Mohawk people stood their ground. I began writing this lyric as a poem during a cross-Canada tour with a reggae band in Hudson, Quebec across the river from Oka, Quebec and completed the song in Winnipeg, Manitoba.



Khadi

BY CYRUS SUNDAR SINGH

Under threatening skies In defiance raised A fistful of salt Brings down Goliath

Hope first heals
Then bites hard
Into flesh ripped open
Consumed by hatred

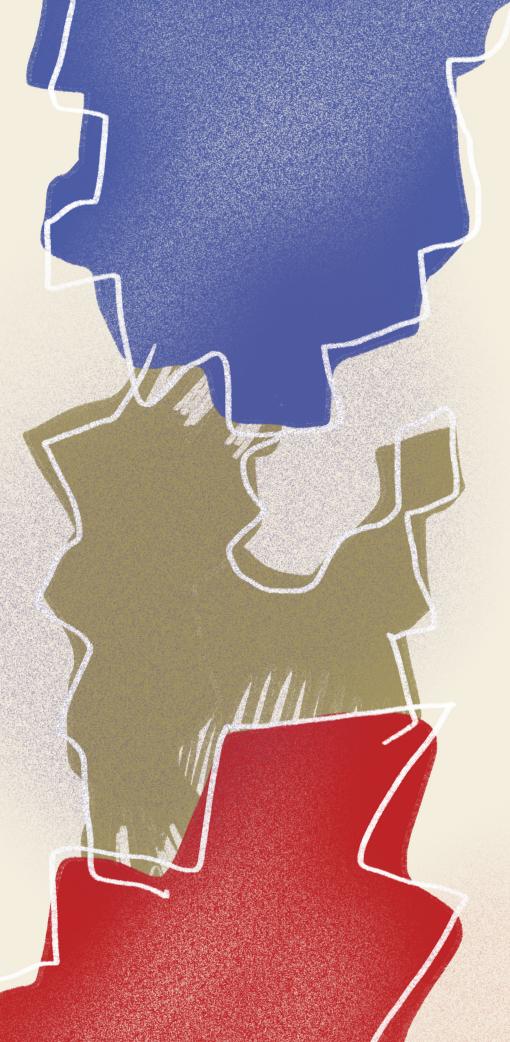
Blind is the faith Under gods' scrutiny Loyalty beyond death Beyond all comprehension

Karma it seems - ever vigilant Lurks within our shadows Ready to plunge deep Destiny's arrow

Ploughshares beaten into Bayonets beaten into Warheads beaten into angels Dancing on atomic pinheads

Break the chains Weaken the links The purple dawn of freedom Stretches her wings

Under threatening skies
Bharathi awakens
Pregnant with her children
Of independence



Survival

BY CYRUS SUNDAR SINGH

That time we spoke
About the songs we shared
Our lives ahead,
it was our oyster

We were so young
We knew all there is to know
The pains, the scars,
The cars; the stars,

Navigating our circles,
Politics encircled by
Food, culture,
pomegranates and cigarettes

Until there was that time Listening to Survival There appeared a tear In the fabric of our youth

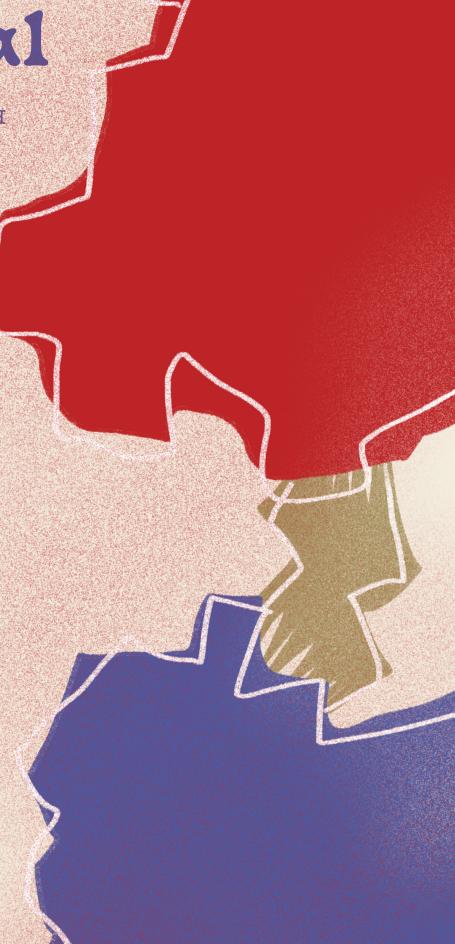
Spent listening to the Dreads, Weepin' and a-Wailin' Marley, Tosh, Bunny Burnin' and a-Lootin'

Until then, there was Only the music, The hipness of the groove Which enticed our youth

Before we really listened to the Words that described the journey...

Across the Oceans
Shackled and sold,
Chattel and Cattle
Bound for the sugar canes,
Cotton fields, and generational pain...

Resistance was the line
In the sand that made me walk this way...



Eight Holes Past the Barricade

MUSIC & LYRICS © CYRUS SUNDAR SINGH (SOCAN)

I reach out and touch your hand
Across the miles of this rugged land
They gave you my name, called you my brother
And while you were smiling, they took away your feather

Eight Holes Past the Barricade
On the sacred ground where your children played
You got up and you stood up
Behind the fence without a chance

You shared your wealth, in hope and friendship You passed the pipe of peace around And in a cloud of confusion, They turned your world upside down

But they came with another plan,
They thought that you would not understand

Eight Holes Past the Barricade...

I prayed for you when the Sun came up
But I guess it still didn't do enough
When you cried out in desperation
They boxed you up into a little reservation

Army-forms behind the lines,
Behind the trees behind the times

Eight Holes Past the Barricade...

Once upon a time your spirit soared Above the firmament Now you walk your tears alone And your scars, they are permanent

In the name of gods, in the name of kings
In the name of that guy that nazarene
They fenced you in, they wore you down
Took away your children to another town...

Eight Holes Past the Barricade...



A mysterious secret society is scattering leaflets of poetry and photography around the city, folded into paper birds that witnesses swear can move and fly on their own. If you pick up one of these birds during your daily walk, please report on the art hidden inside.

Rockdove is a poem examining the modern plight of the common pigeon. Much like the peregrine falcon, which underwent rehabilitation and currently thrives in Toronto, pigeons have established a strong ecological niche within the city – now even considered pests. As humanity's oldest domesticated bird, and having served with military valor during war-time to deliver messages and crucial sensitive data, the little birds have played an important role in history, only to be relegated to grubby menaces in the modern era: mostly noted for being prey.

I've a deep fondness for the birds, and often keep an eye out for special colour morphs that pop up in hotspots like the Eastern Orthodox church on my commute, the Eaton's entrance, and meandering alongside Church's gas station. My partner was particularly struck by the melancholy of their story - and so came about this poem, penned down tenderly in dedication: to the birds of the city we call home, and to my lover-just-within-their-honing-range: a thousand miles away.

- Sophia (Thanh-Thi) Nguyen

*CW: Animal Death Rockdove SOPHIA (THANH-THI) NGUYEN Plummeting like Hailey's comet: brilliantly iridescent throat banded wings like aeronautical feats of engineering perched upon the delicate pink curve of claws like girlhood: fiercely gentle.

Our oldest domesticated companion in the skiesonce sparkling with medals-of-service entrusted with carrying sweetheart-messageshuman lives cradled in the soft underlayer of feathers fluffed against the frigid winter's slicing winds.

Now relegated to the outskirts of the city: all cold concrete-cement-asphalt, kicked at and sprawled into festering puddles shining with an oil slick from the Church gas stationmirroring the blooming feathers collected at the hollow of your throat. Come summer, hot and devastating in her fierce heat bringing tarmac to a roiling bubble and limpid shade in short supply-trees wilting, grass yellowed, people gasping in its fierce onslaught:

hark!

Here comes the peregrine falcon,
having made skyscrapers in the city skyline its dominion,
turning rehabilitation-into-revelry
whistling through the wispy white clouds
against eye wateringly bright blue skies.
There is the sharp beak, the fierce yellow eye of the sun
brown mottled body, broad wingspan:
talons meant to rip, rend, and ravage.

From the Father's hand scattering arcs of birdseed to the sharp branch and swift claws- like shrike, like butcherbird: once beloved, now outcast:

shivering in some approximation of holy-martyrdom writhing upon the blossomed tree in the hot-heights of summer-how far you have fallen, little dove.



OUR VOICES, OUR STORY

LET US HEAR YOUR VOICE. WHAT IS YOUR STORY?

Sharing our stories with the world.

Real or imaginary, dystopia or fantasy. Poetry. Stories. Essays. Photography. Art. Your voice deserves to be heard.

We're writing in our history and shaping the future, and we're including everyone.

Want to join us? Here's how!

- 1. Peruse this zine for inspiration.
- 2. Write your own story and/or create your own artwork, based on your unique interpretation of the mission of this zine.
- 3. Send your work to The Continuist by emailing the continuist@gmail.com. Your work will be published online for all to witness.



The Continuist is a student-run zine that has served the arts community for ten years.

The English Course Union is a student group that aims to amplify English students' voices. Together, we are here to create a space for you to share.



List of Source Citations

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Special thanks to The Continuist's Social
Media, Album, and Editorial Teams!







Faculty of Arts

*Currently in the process of renaming

CONTINUIST
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